

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Margherita pizza & oven baked wedges



Mixed bean bolognaise with penne pasta



Vegetable sausages with roast potatoes & gravy



Pea-powered vegetable stir fry with carrot rice



Vegetable nuggets, chips & tomato ketchup



Pepperoni pizza & oven baked wedges

Beef & lentil bolognaise with penne pasta



Roast gammon with roast potatoes & gravy



Creamy coconut chicken & chickpea curry with carrot rice



Fish fingers, chips & tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & Cauliflower



Baked beans



Penne pasta with house tomato sauce



Penne pasta with a creamy cheese sauce



Creamy pesto penne pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Ham  
Cheese  
Tuna mayo

Ham  
Cheese  
Tuna mayo

Ham  
Cheese  
Tuna mayo

Ham  
Cheese  
Tuna mayo

Cheese  
Tuna mayo

Lemon shortbread biscuit



Chocolate & banana brownie sponge



Orange jelly & mandarins



Baked apple & cinnamon sponge



Strawberry yogurt & strawberry sauce



Available Every Day – Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



### Main Meal

OPTION 1  
OPTION 2

### Veggies

### Pasta

### Filled Rolls

### Sweet Treats

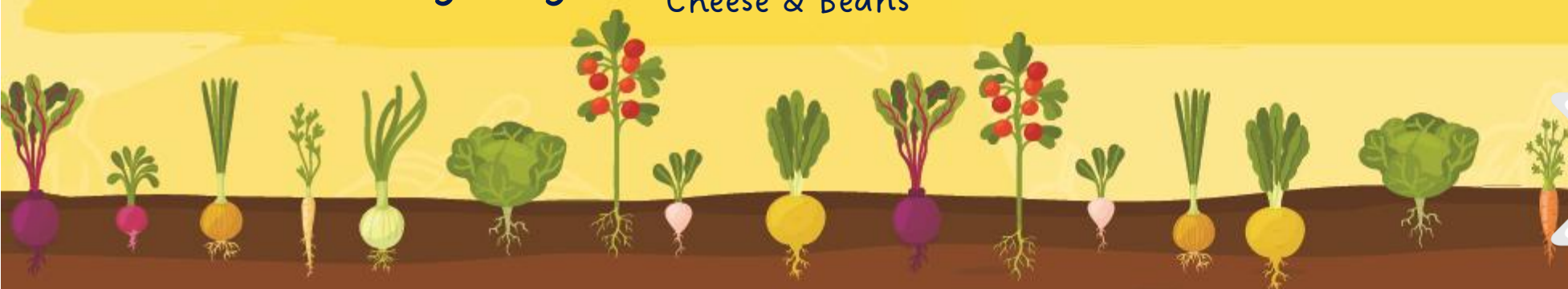
| Monday                                                                                                                                                                                             | Tuesday                                                                                                                      | Wednesday                                                                                                         | Thursday                                                                                                                                                                                                                                                                                                   | Friday                                                                                                                         |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| Margherita pizza & oven baked wedges                                                                              | Pea-powered vegetable pie & new potatoes  | Cheesy cauliflower pasta bake  | Lentil & sweet potato dahl with vegetable rice    | Vegetable sausages, chips & tomato ketchup  |
| Tomato, spinach & salmon pasta   | Chicken & vegetable pie with new potatoes                                                                                    | Roast turkey breast, roast potatoes & gravy                                                                       | Lemon & herb chicken with chickpeas & vegetable rice                                                                                 | Fish & chips with tomato ketchup                                                                                               |
| Broccoli                                                                                                          | Peas                                      | Carrots & cauliflower          | Selection from the salad bar                                                                                                                                                                                            | Peas                                        |
| Penne pasta with a creamy cheese sauce                                                                          | Penne pasta with house tomato sauce     | Creamy pesto penne pasta     | Penne pasta with a creamy cheese sauce                                                                                                                                                                                | Penne pasta with house tomato sauce       |
| Ham Cheese Tuna mayo                                                                                                                                                                               | Ham Cheese Tuna mayo                                                                                                         | Ham Cheese Tuna mayo                                                                                              | Ham Cheese Tuna mayo                                                                                                                                                                                                                                                                                       | Cheese Tuna mayo                                                                                                               |
| Watermelon Wedge                                                                                                | Oaty apple crumble & custard            | Chocolate Mousse             | Carrot cake with orange glaze                                                                                                                                                                                         | Raspberry jelly & mandarins               |

Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

**KEY** Wholegrain  Vegetarian   
Nutritionist's Choice  Vegan 

|                                                        | Monday                                        | Tuesday                                                  | Wednesday                                      | Thursday                            | Friday                                |
|--------------------------------------------------------|-----------------------------------------------|----------------------------------------------------------|------------------------------------------------|-------------------------------------|---------------------------------------|
| <b>Main Meal</b><br><b>OPTION 1</b><br><b>OPTION 2</b> | Pea-powered mild chilli with rice             | Vegetable sausages & mashed potatoes with gravy          | Roast Quorn fillet with roast potatoes & gravy | Baked creamy mac 'n' cheese         | Quorn dippers, chips & tomato ketchup |
|                                                        | Mild beef & lentil chilli con carne with rice | Pork sausages (beef casing) with mashed potatoes & gravy | Roast chicken breast, roast potatoes & gravy   | BBQ chicken loaded mac 'n' cheese   | Fish fingers, chips & tomato ketchup  |
| <b>Veggies</b>                                         | Sweetcorn                                     | Peas & carrots                                           | Broccoli & carrots                             | Selection from the salad bar        | Baked Beans                           |
| <b>Pasta</b>                                           | Penne pasta with a creamy cheese sauce        | Penne pasta with house tomato sauce                      | Penne pasta with a creamy cheese sauce         | Penne pasta with house tomato sauce | Creamy pesto penne pasta              |
| <b>Filled Rolls</b>                                    | Ham Cheese Tuna mayo                          | Ham Cheese Tuna mayo                                     | Ham Cheese Tuna mayo                           | Ham Cheese Tuna mayo                | Cheese Tuna mayo                      |
| <b>Sweet Treats</b>                                    | Chocolate Shortbread                          | Apple & summer berry crumble with custard                | Strawberry yogurt & strawberry sauce           | Raspberry jelly & mandarins         | Chocolate fruit crispie cake          |

Available Every Day – Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



**KEY**

Wholegrain Vegetarian

Nutritionist's Choice

Vegan