Mark Beaumont is an athlete who rides his bike in lots of different places. He has cycled many miles all over the world and loves to give himself a challenge.

His next big challenge is to ride his bike around the world in 80 days. He has cycled around the world before but he wants to break that record. He will be visiting lots of different cities and will travel through 14 countries. Mark will cycle about 240 miles every day and will be riding for 11 weeks without a break. To get ready for this, Mark will test his equipment by cycling around Britain first.

It is very important for Mark to stay healthy during the 80-day ride, so he will be drinking plenty of water and eating lots of energy-rich food to keep him going.
Questions

1. Complete the sentence: Mark Beaumont is a _________________.
   - swimmer
   - athlete
   - actor

2. How far will Mark cycle each day? Circle one.
   - 160 miles
   - 240 miles
   - 320 miles

3. How many weeks will Mark be riding for without a break? Tick one.
   - 16 weeks
   - 11 weeks
   - 20 weeks

4. How is Mark going to test his equipment? Tick one.
   - by cleaning it
   - by cycling around Britain
   - by cycling really fast

5. How many different countries will Mark be travelling through?
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